SIGNS OF SHARING

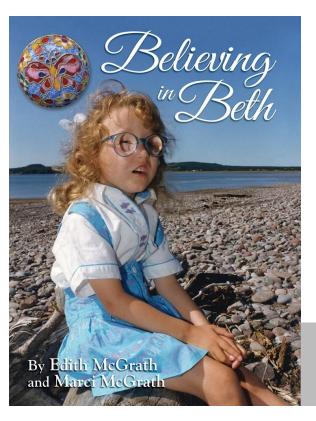
Canadian Deafblind Association-NB Inc. Newsletter



June is Deafblind Awareness Month

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June is Deafblind Awareness Month. Join us at Odell Park in Fredericton from 12-3 on Thursday, June 23 for Cake and Games.

On May 28, 2015, the Canadian Senate adopted a motion to recognize June as "Deafblind Awareness Month".

Motion to Take Notice of the Month of June as the Birth Month of Helen Keller and to Recognize it as "Deafblind Awareness Month" Adopted On the order:

"Resuming debate on the motion of the Honourable Senator Martin, seconded by the Honourable Senator Munson: That the Senate take notice of the month of June as the birth month of Helen Keller, who is renowned around the world for her perseverance and achievements and who, as a person who was deafblind, an inspiration for us all and, in particular, to members of the deafblind community; and That the Senate recognize the month of June as "Deafblind Awareness Month", to promote public awareness of deafblind issues and to recognize the contributions of Canadians who are deafblind."

Beth was a consumer with CDBA-NB for many years.
See page 16 for more information on this amazing book written about Beth by her mother and sister.

Message from the Executive Director, Kevin Symes

I am not sure where the time goes, but it does not feel like all that long ago Shari was asking where my message was for the last newsletter. I never know quite what I would like to share with you. You would think after more than sixteen years of writing similar messages like this one, that I would be good at it by now, however, I like to try to say something insightful or reflective in my messages. In fact, this is my third attempt at this one!!

The other day I was speaking with a retired person who enjoyed the career that they had worked at for many years and they asked me where and what I did for a living. We spoke of the Board of Directors and the challenges of finding new board members and the direction of the current Board of Directors and how we have a group that has seen the organization through many challenges. We also spoke of the newer members who have come onto the board in just the last few years and how I look forward to their support and wisdom over the next many years.

We spoke of the office staff and how we have someone in the office that has worked for CDBA-NB for over twenty years and about how I and the other staff have only been with the organization for a few years, but the willingness of the office staff to try new things and share ideas was a great asset to the organization.

We spoke of the Intervenors and how they are the life blood of the organization, as well as, the many challenges they face every day. They must try to balance the wants and needs of the consumer with the wants and needs of the family. We also spoke of the challenges of making the best working environment for our Intervenors and the difficulty we sometimes have getting the government to understand the value that our Intervenors have working with our consumers.

We spoke about our consumers and families and how every one of them have different challenges and needs, how every one of the consumers are special to me and how much I enjoy being with them at the office or at camp or when I have a chance to go to clubhouse and so on.

After all of this, the person turned to me and said, "Wow, it must be very rewarding for you to be the leader of such a wonderful family." Wait, did he say family? Yes he did. In all my courses I have taken and all the books I have read, it says "team." I lead a team! Now, that I think about it, we are more like a work family. We may not agree all the time, we may even say something that hurts someone else's feelings and not even know we did it. We share in everyone's highs and lows, accomplishments and trials. We are there for each other when you are having a great day or a bad day, we are here to help when you need a hand, we will help each other, all we have to do is ask. I guess he is right, I guess I do lead a work family and a great work family at that.

I guess the insightful or reflective idea in this message is, if you ever need support or want to share ideas or just the kind of day you had, I am here for you.

Cheers

Kevin

"True leaders understand that leadership is not about them but about those they serve. It is not about exalting themselves but about lifting others up." — Sheri L. Dew



Message from the Editor, Shari Ross

Welcome to the 38th Edition of "Signs of Sharing".

CDBA-NB continues to grow in new and exciting ways. You may not directly see these changes, but people continue to work behind the scenes to ensure the best for everyone at CDBA-NB. For six weeks (May/June), CDBA-NB has had the opportunity to have Krystal Gallant, a student with the Intervenor for Deafblind Persons Program at George Brown College, intern with many Intervenors/consumer, the office staff and present at the Intervenor Workshop. Thank you for sharing all your knowledge with us. Krystal, It has been a pleasure to have you with us.

In this issue you will see many of the wonderful experience our consumers (and Intervenors) have enjoyed over the past 6 months. Thank you to those who have submitted to this edition. If you have anything you would like to submit for the December issue, please do so by October 31st. Have a fantastic summer!

Message from Senior Program Manager, Jennifer Jewett

As I approach completion of year one at CDBA-NB, I look back and find it hard to believe the incredible journey that has happened in so little time! Over the winter I was able to travel to each city and meet with the Intervenors as well as some parents. As well as some partnering agencies that we collaborate with daily to help our consumers make progress with their goals. I will be reaching out soon to follow up with families, to check in and come out for meetings again, if it has been awhile since we last saw each other. We are working on several tools in the office to assist our Intervenors in their daily work with consumers. These tools include, new programming packages and assessment tools in the Snoezelen Room. These tools will help identify the goals and objective of the consumer and their team. And will assist the Intervenor is establishing activities and plans with their consumers. Jody and I will be rolling these tools as soon as they are complete. They are in the early stages, but we hope to begin rollout during the summer.

I am excited about the Intervenor Workshop we had this year! Krystal Gallant a student from George Brown College to discuss briefly her experience at the college in Ontario. There she is taking the course on Intervention for people with Deafblindness. She is spending six weeks here with us in New Brunswick as her final placement opportunity before graduation. She has come with many resources that we can use here with our consumers. We also had speakers come from Stan Cassidy Centre for Rehabilitation, Krista Fraser and Tanya Browne; they focused on Sensory Integration. This taught us how to better understand some of the things that our consumers may experience in sensory overload or deficit. In an attempt to build morale and do some team building we were able to attend EscapeLogic here in Fredericton. Here you are shut in an "Escape Room" that has a theme and you have solve several levels of puzzles in a time limit of an hour. We had two teams – and unfortunately only one team was able to complete their room on time. The "Tomb Raiders" completed the room with just under five minutes to spare – and this room only had a 30% completion rate! Congratulations everyone on that team! And great work to those who were in the study; there was great team work there as well! Thank you to everyone who attended the 2016 Intervenor Workshop!

Message from the Snoezelen Room Coordinator, Jody Brewer

We have been having a lot of fun in our Snoezelen room the past few months. We had a "Space Theme" many of our consumers were able to enjoy! I had so much fun making all the items we had in there to represent space. We had a solar system, including the moon as well as some stars; there

were aliens and other space creatures that invaded the Snoezelen Room for the whole week! At one point there was even an astronaut

floating around the ceiling too! Not to mention a space ship, (which

was my first attempt at ever making a space ship), it was pretty cool. We had a

space photo booth set up where consumers and Intervenors were able to pose for some "out of this world" pictures.







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We added a few new pieces of equipment earlier this year, which we are pretty proud of. All of the consumers that have been through the Snoezelen room recently, really seem to enjoy the room overall. We have made our own weighted blanket that weighs twelve pounds!

Lately, I have been working with Krystal Gallant, our intern student from George Brown College in Ontario, on better improving our Snoezelen room experience. This is to increase the benefits of the Snoezelen Room to our consumers. We have met with an OT to work on some different techniques to try with some specific consumers; and to use the room more appropriately. The assistance from the OT has given is the information we need to create an assessment tool to track the progress of our consumers in the room. They will have clear goals set out for the room as well as use it for relaxation or be stimulated. We have also taken inventory of all the equipment in the room and trying to figure out for each piece of equipment how it is used for stimulation or relaxation. Krystal has been a big help, I appreciate all of her hard work.

In the coming months I would like to have another themed room and I am taking suggestions now for new ideas.

I look forward to seeing you all in the coming months.







The Lorna Thompson Memorial Snoezelen Room.

Who is Lorna Thompson you ask...In September 1996, Lorna Thompson a CDBA-NB consumer, age 64, was diagnosed with pancreatic cancer. Doctors said it would be a matter of days or weeks before she passed away. Lorna was deafblind. She was born deaf in Salmon Creek near Chipman and went blind when she was 47. When she found out she would soon die, she asked CDBA-NB if she could be remembered somehow after her death. She loved camp and children, So though it was many years after her passing, in her honor, the Snoezelen Room was named after her



The Creation of at Home Snoezelen Rooms for Individuals with Exceptionalities

By: Krystal Gallant

The Snoezelen Room is a therapeutic and recreational room beneficial to people with sensory, cognitive and physical exceptionalities. It has been used in the treatment of children with special needs, individuals with developmental disabilities, those with mental illness and post-traumatic stress disorder, autism, chronic pain, stroke, brain injuries, dementia, and other conditions. It promotes relaxation or stimulation, from passive enjoyment to active decision-making. (http://www.peicod.pe.ca/snoezelenroom.php)\

Snoezelen rooms have been proven to help individuals who are deafblind, have Alzheimer's, dementia, autism, and many other forms of exceptionalities. However, the cost of a snoezelen room can be upwards of \$50,000 and because of that reason, there are not very many snoezelen rooms that individuals with exceptionalities have access to. To counter this, making snoezelen experiences happen at home can be just as beneficial. To start, it is important to remember that every snoezelen experience will be different for everyone. Some people may like the tactile sensory experience while other prefer the auditory or visual sensory experience so keeping the individual that the snoezelen experience is designed for in mind is very important.

Items for a snoezelen room can be purchased through stores designed to create products that meet the needs of the individuals by adapting various products to be more accessible and beneficial for that individual such as Flaghouse. However, dollar stores and home stores carry many products that can be just as beneficial and appropriate for the individual as the ones from the special stores at a lower cost.

Examples of items that may be found in a snoezelen room









For the purpose of this explanation, we will be exploring how to create an at home snoezelen experience for individuals who are congenitally deafblind as many individuals who are congenitally deafblind are most comfortable at home and therefore, home would be the best place to do this kind of activity. Individuals who are congenitally deafblind sometimes experience a lack of sensory stimulation or sometimes the opposite, an overload of sensory stimulation and many are most comfortable in their own homes. This is where the at home snoezelen experience comes in. If an individual is more motivated by visual stimulation, then the objects that are within the snoezelen experience need to meet those needs.

While tactile options may be available at the same time, it is likely that the individual will prefer the visual aspects of it. And vice versa for tactile preferences and/or auditory preferences. With the individual's preferences in mind, other types of sensory devices should be included to add variety and potentially an increased sensory experience for the individual. This is where recognizing the preferred or challenged sensory channels within the individual who is deafblind is immeasurably important. There are 7 sensory channels including visual, auditory, tactile, proprioceptive, vestibular, gustatory and olfactory. To start, noting the individual who is deafblind's preferred or most sensitive activities and sorting them into the sensory channel categories can help to clarify which sensory channels need to be used more and which should be implemented into their snoezelen room..

It is important to have the individual involved when trying to find items for the snoezelen room. This is to encourage their use of choice making skills and to see which items they genuinely will enjoy and which ones that they want. This also helps with the meaningfulness of the activity. Once all of the items have been collected and stored in some sort of storage container, it is time to introduce the tool to the individual. To start, the client should be in a comfortable space within their home that if preferably not their bedroom. This is because the bedroom tends to be a place where individuals want to spend much of their time, but snoezelen is a great opportunity for them to enjoy their time outside of their room. Having the bin beside the individual also helps with encouraging the individual to self explore and use their independence skills. Start by one item to the individual at a time, this helps to eliminate the possibility of overstimulation, leading to exhaustion and frustration, etc. It is important at this stage to be patient with the individual and allow them a lot of time to explore each item and to self stimulate with as many or as few as they want to. Remember, we want this to be a fun, enjoyable and relaxing experience for the individual, for them to be independent and do what they want to do. The length of time, when it comes to at home snoezelen experiences, varies from individual to individual because of the different needs that may be present. It is important for the individual to feel comfortable and safe while involved in snoezelen to aid in the effects and benefits that come from it, which means that the intervenor/ support worker needs to make sure that the individual is such during this time. Encourage the individual to be involved in snoezelen as long as tolerable but do not push the limits too far if the individual communicates that they are finished. They know their limits more than we do, and we need to respect and honour that.

A Couple Last Reminders...

The snoezelen experience is individual driven which means that the experience is to be tailored and lead by the individual at a speed and in a setting that is best for them.

Contacting community resources can be a good way to gain materials and expertise about things that may need to be built or used within the snoezelen experience.

The most effective strategy used to make the best experience for someone is trial and error. Trying something out with an individual in the setting where the experience will take place will give the individual a real opportunity to try out the object or activity in the most ideal setting which would be the best way to determine whether something be beneficial for that individual.

Consumer Adventures and Fun!



Two 'cool' dudettes— Andrea and her Intervenor, Wendy.



"Adam, I and, of course, my dog Gretchen enjoying the beauty of the day outside.

Adam is pretty dirty today from playing in the grass and soil from the flower beds and watering all the seeds we planted."

Lisa, Intervenor

"Sheena decided today she wanted to learn to draw horses. She and Krystal went to find some books at the library...she worked really hard this afternoon on her first picture and here is the results...I think she is an artist in the making."

Amanda, Intervenor



"Craig's favorite time of year...Christmas...just look at that smile." ~~ Shanna, Intervenor



"Would you look at my boy!!!!
He is beaming after his first
weekly 3 hour shift. I love it.
He has a ton of hits on the
SPCA Facebook page and
the comments would bring
tears to your eyes...go Matthew go."

Audrey, Intervenor



Consumer Adventures and Fun! (continued)



Bathurst bowlers! Carol, Andrea and Denise



Bowling champ —202 Great job Michelle!





Kelsi, snuggling with Kelsi...love the smiles.

Consumer Adventures and Fun! (continued)



Wendy, Intervenor, helping Denise make doggie treats.



Andrea and Carol making doggie treats.



Eddy loves his crafts.



Jamie making cinnamon buns.



Recipe corner

Almost No Bake Mini Chocolate Peanut Butter Pies

From CarlsbadCravings



Ingredients

Graham Cracker Toffee Crust

5 whole graham crackers (the whole sheet)

- 3 Tbsp melted butter
- 1 Tbsp brown sugar
- 2 Tbsp toffee bits

Peanut Butter Pie Filling

1 c heavy cream

6 oz cream cheese, room temperature

1 c smooth peanut butter

1 c icing sugar

1/2 c toffee bits

2 tsp vanilla

1/4 tsp cinnamon

1/4 tsp salt

Chocolate Ganache

4 oz semisweet chocolate, chopped

1/2 c heavy cream

Garnish

1/2 c chopped salted peanuts

1 1/2 Tbsp smooth peanut butter

Mini chocolate chips (optional)

Instructions

- 1. Preheat oven to 350 degrees. Line a 12 count muffin tin with muffin liners.
- 2. Crumble crackers and add remaining ingredients for crust. Divide mixture (approximately 1 heaping Tbsp each) between the 12 liners and press into the bottom of the liners. Bake for 5-7 min. or until lightly golden. Set aside.
- 3. Add heavy cream to a large mixing bowl and beat with electric mixer on high until firm peaks form. Set aside.
- 4. In a separate bowl, using same beaters, beat peanut butter and cream cheese until smooth. Add sugar, toffee bits, vanilla, cinnamon and salt and beat until smooth (it will be thick). Gently fold the whipped cream into the peanut butter mixture with a spatula until completely blended.
- 5. Spoon peanut butter filling into muffin tins. Freeze for at least one hour.
- 6. Meanwhile, prepare chocolate ganache by adding chocolate and heavy cream to a medium microwave safe bowl. Microwave for 1 minute, stir, then microwave at 30 second intervals, stirring in between, until the chocolate is melted. Stir chocolate and cream until smooth. Let cool to barely warm, stirring occasionally (it will thicken as it cools). Spoon the Ganache over the peanut butter cups and spread with the back of the spoon (its ok if some spreads over the edges).
- 7. To garnish, melt peanut butter and drizzle over mini pies, sprinkle with peanuts and mini chocolate chips. Freeze for at least 4 hours up to 7 days.
- 8. When ready to serve, serve immediately after removing from the freezer as the mini pies soften quickly.

Day trip to Resurgo

On February 24th, 30 plus consumers and Intervenors boarded a bus to travel to Moncton to explore Resurgo and visit the new BassPro Shop store.

"Resurgo Place, home of the Moncton Museum and Transportation Discovery Centre offers visitors a unique and interactive experience dedicated to history, science and transportation. The new facility, which opened to the public in August 2014, has been expanded to include high-quality exhibitions and hands-on interactives. The reorganized exhibition spaces make it a unique, state-of-the-art facility that offers original programming while continuously promoting heritage. Resurgo Place is a source of great pride for local citizens and is a dynamic, exciting destination."





"Andrea really
enjoyed the Resurgo
museum, once we
went inside,
especially the rocket
and she seemed
comfortable to be
around everyone."

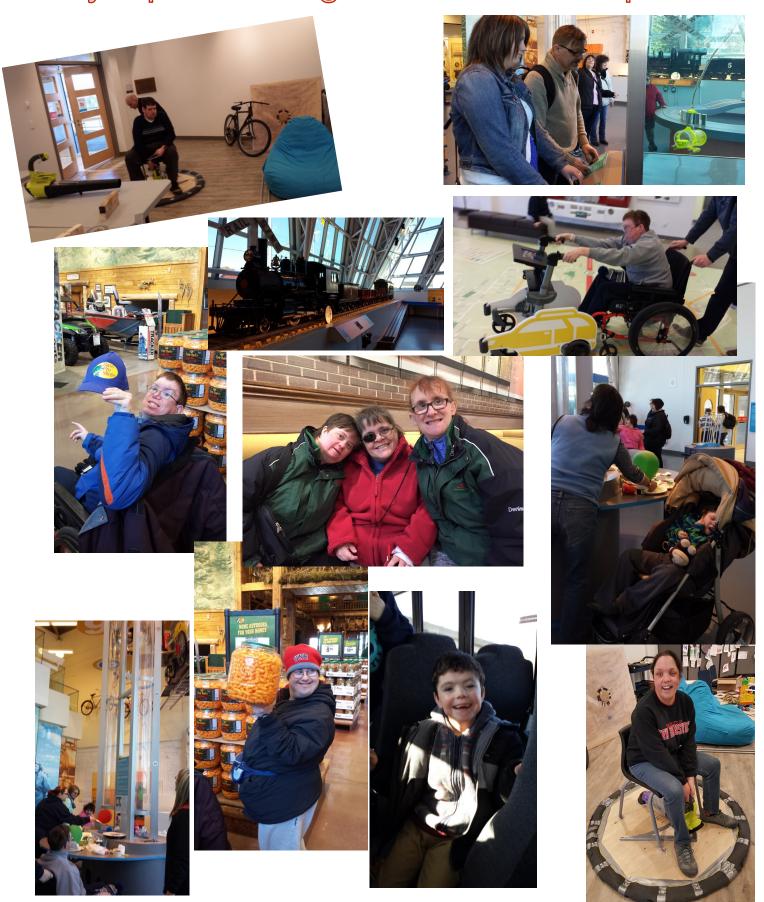








Day trip to Resurgo & BassPro Shop (continued)





Thank you very much to Neil Squire Society for so generously helping our consumer, Steven, get a refurbished laptop! In January of this year, I had met with Steven to discuss some his goals and one of the things was that he would like to have a laptop be able to learn some programs as he would like to gain employment, or attend a post-secondary school. I reached out to Neil Squire Society one afternoon, and within a few weeks they presented Steven with a refurbished laptop with some programs already downloaded on it to assist him with using it. Neil Squires also sets up a distance education course for recipients of their computers so they are more confident in using the software and gives them an advantage with future software as well as their future endeavors. Steven was very happy to receive his computer and will hopefully be completing his distance education course in the coming weeks. ~~Jennifer Jewett

WOULD YOU BE INTERESTED IN PURCHASING A

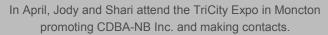
CDBA-NB JACKET? If so, please email Shari (office@cdba-nb.ca) with the answers to the following questions by June 30th.

1 — fleece jacket OR a light weight jacket

2—would you pay \$50 for a jacket? If not, what price would you pay?

Once we have reviewed the replies, we will send out further information.







Krystal, Jenn, Jody, Kevin and Shari in St. Martins.

So many

ways to play

There are many definitions of play, but what they all have in common is that play is a kind of behaviour that we choose freely: if we're simply doing what we're told, or there's a main purpose other than play to what we're doing, we're not playing. In the world of professional playworkers, there are 16 types of play, including: object play, when the child explores an object such as a box or a teddy, and symbolic play when that box becomes a house; mastery play, when they learn a skill such as riding a bike; socio-dramatic play, when the child acts out intense personal or social experiences which is, in contrast with role play where they might pretend to be a bus driver or use a phone; and communications play, when the child plays with words, jokes, acting, body and sign languages and facial expressions.

Derived from Bob Hughes' A Playworker's Taxonomy of Play Types

Find out more To read the full Sense report and see the campaign visit www.sense.org.uk/play

Find out about the latest developments on Twitter #LetEveryChildPlay

Talking Sense -- Spring 2016

Continued on page 18 with other articles

Believing in Beth

Believing in Beth is a true story that shares how the birth of one special little girl, Beth McGrath, turns her family's life upside down. As a result of Congenital Rubella Syndrome (CRS), Beth continually struggles to escape into a world of her own. For the love of her daughter, Beth's mother Edie, is determined to make Beth live in her family's world.



In photo, Lisa Bennett, Beth's former Intervenor; Shari Ross, Office Manager; Edie McGrath, Beth's mom and author; Jody Brewer, Administrative Assistant and Jennifer Jewett, Senior Program Manager

On May 29th at the St. Martins Community Center, Kevin, Shari, Jennifer, Jody and Krystal attended the book launch of "Believing in Beth".

If you are interested in purchasing a copy of this book for \$15.95, please contact CDBA-NB Inc. at 452-1544 or office@cdba-nb.ca or visit our website www.cdba-nb.ca for more details

A percentage of the proceeds from the sale of this book will be donated to the special care home where Beth resides. A donation will also be made to the New Brunswick Chapter of the Canadian Deafblind Association.

Intervenor Workshop ~~ May 13/14

On Friday evening, Intervenors gathered for dinner, socialization, games and awards.

On Saturday, several speakers did presentations (Krystal Gallant, a student taking the Intervenor for Deafblind Persons Program at George Brown College in Ontario and Tanya Browne, OT Reg NB SCCR Autism Team and Krista Fraser, OT Reg NB SCCR Neuro-Motor Team) If anyone is interested in receiving a copy of their powerpoint, please contact the CDBA-NB office.



On Saturday, a few more rewards were presented and Intervenors and office staff spent time in a team building exercise at Escape Logic . Escape Logic is an escape room (there were actually 2 different rooms), so Intervenors and staff were split into teams. "An escape room is a liveaction, team based game where you and your group are trapped in a room and have 60 minutes to escape. This alternate reality adventure involves finding clues, solving riddles, completing

> puzzles, and overcoming obstacles to ultimately accomplish your mission and escape the room before time expires." One of the CDBA-NB teams made it out of their room. The other team...didn't

quite make it out.





Winning Team "Tomb Raiders"



25 year Award ~~Lisa

Intervenor of the Year ~~ Mary Killan



Continued from page 15

It can be hard for a child to find out about the world

around them and interact with others if they have a multisensory impairment (MSI), and perhaps complex physical or medical needs. Much of what we learn takes place incidentally and at a distance from us, and someone who cannot see or hear will be missing a lot. For example, a young toddler may pat a younger sibling on the back and say 'it's ok, don't worry', because they have seen a parent do this to reassure someone. The first challenge for someone who is supporting a child with MSI is to bring the world to them, in a real and meaningful way – and this means using touch. As Harlan Lane wrote in 1997, 'most commonly it is the hands that take over the function of the eyes and ears for the person who is deafblind'. It is vital that a child with MSI has the chance to develop their sense of touch and use their hands as much as possible. This should be approached in a respectful and sensitive way, with the child having as much control as possible. It should be a pleasurable experience so they are motivated to develop the use and dexterity of their hands. One important way of helping a child to develop their tactile skills is to use a 'hand under hand' approach. This means that the child's hands rest upon the hands of the person supporting them so they can feel what they are doing. Let's say a child is at nursery and his mum thinks he might like to explore the sandpit. She places her hands underneath her child's hands and together they explore the smooth grains, textures and feel of the sand. In this way, the child can experience what another person's hands are doing, but can take their hands away at any time if they want. Research has shown that children receive a lot of tactile feedback in this way. There are various types of hand movements that may help a child to develop. The great thing is that these skills can be developed in many different ways and be a very natural part of a child's play activities.

It is vital that a child with MSI has the chance to develop their sense of touch and use their hands as much as possible.

Movements children can be helped to develop

The palmar grip encourages the use of the flat hand. The fingers are stretched out so that the palm can be a flat, powerful manipulator – imagine pressing a hole punch. A child can be helped to develop this by using a pastry cutter, for example, or pushing down on Plasticine.

A thumb and finger/pincer grip is a more controlled use of the hands, specifically the finger and thumb. When we are holding a pen we are using a pincer grip. To help a child to develop this grip, paintbrushes, spinning tops, wind-up toys and peg games are all good.

A rotary movement allows the hands to be tilted and positioned appropriately for reaching a range of objects. Helping a child to experiment with mixing and baking is brilliant for this – the stirring motion is a perfect example of a rotary movement. It is also important for a child to use **individual fingers** in a meaningful way. There are lots of ways to do this: finger painting and drawing, playing on a piano keyboard, and using a musical app on the iPad are all good.

Bilateral hand use means getting both hands to work together. A child might use a rolling pin to roll out Playdough, for example. Tearing paper to make papier mâché is another nice one, and threading and lacing activities are good. Pulling a party popper is fun, too! It is also important for a child to develop a range of strength of touch to enable them to deal with all sorts of situations. For instance, if a child is petting a hamster this will require a **light touch** whereas grabbing a ball will need a **strong touch**. Children can be helped with various activities. For example, stress balls and elastic bands are good for developing a strong touch, and searching for a hidden object by using touch (and no peeking!) is good for light touch. It might sound like this is a complicated business, but don't be put off! A lot of these things will be fun for the child and can be easily incorporated into their play and daily activities.

Where to go for more advice?

Sense's Specialist Services Children's offer advice about how to help your child develop. Occupational therapists and physiotherapists can provide information about developing a child's fine motor control and activity. Specialist advisory teachers can also advise you about how to develop tactile skills.

Talking Sense — Spring 2016

Continued from page 3....Senior Program Manager's Message

June is Deafblind Awareness Month and we plan to be out in the community raising awareness for our consumers as well as our agency. This is an important message that we need to do all we can to get out there. The more awareness we create the better for everyone and as a Non-Profit, awareness is the key to our strengths. I look forward to working with all of you on this.

I conclude with the message once again, of my open door policy. I am always available to assist with any challenges that Intervenors may be challenging, as well as to assist parents and consumers in accomplishing goals. Please do not hesitate to reach out to me if there is anything you think I may be able to assist with, and sometimes it helps to have someone to simply listen. I believe I have forged many relationships in the past year with families and I hope to continue that momentum as we move forward. It has been a great pleasure meeting and working with all of you, and again I thank you for your hospitality!



Salt Painting — Fireworks

MATERIALS NEEDED

Table Salt
Paper (black really makes the colors pop)
watercolors
brushes
White Glue
Cookie Sheet

SALT PAINTING INSTRUCTIONS

Start by laying your paper on a cookie sheet so the salt doesn't get all over the place.

Draw out your design with the glue. It works better if you do it thick. If you aren't comfortable free handing a design, draw it out with a white crayon or colored pencil first.

Next, sprinkle salt over the glue before it dries. Apply generously! You want to get everything covered. Shake off excess salt onto your tray.

Get your watercolors really wet, and lightly paint onto the salt. You can use food coloring and an eye dropper here if you'd prefer. You don't want to drag it too much or it will mess up the salt. I tried to get my brush extra drippy so I barely had to tap the design. Have fun with colors! It looks great when they bleed together.

Let project dry completely and you are done! Your kids will love how the salt sparkles when its all dry.









Thank You

I would just like to personally thank all of you for welcoming me to your amazing organization. Thank you so much for providing me with such a unique placement where I have had the opportunity to see intervention in action, the behind-the-scenes work, and the passion that is within everyone who works for CDBA- New Brunswick Inc.

To all of the intervenors, I greatly appreciate the opportunity to see you all in action and to learn from the work that you are doing with your clients. It has been a great learning experience for me and has given me the experience needed to expand my skills that I learned from school to adapt to the unique needs of your specific clients.

To the office staff, thank you for being sponges and soaking up all of the information that I have given to you over the past 6 weeks. It makes me so happy to see how much knowledge has been understood and the new changes that are coming into the organization. You are truly amazing people and the amount of work and dedication that you put into the work that you do is incredible.

To the clients, thank you for allowing me to join you on your daily activities and interact with you. I have learned more from you than I ever wish I could, and I will take all of that learning and knowledge that I have

gained and apply it to every other person that I will have the opportunity of meeting from this point on. You have all been so inspirational and I cannot wait to see what you all accomplish in the future.

Dave, Therese and Corey, thank you for welcoming me into your home and giving me a very comfortable and family-like stay while I was here. You are such big-hearted and compassionate people and I will be forever grateful.

CDBA- New Brunswick Inc. you have been so wonderful to me and I wish you all the best in the future, and thank you once again for everything that you do every day and all the qualities that you exhibit. You are all amazing!

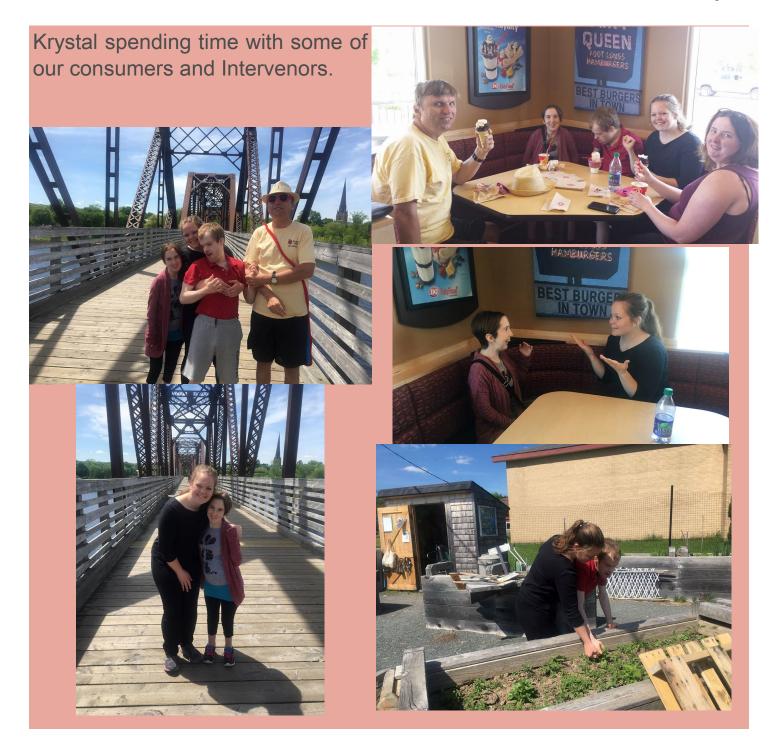
Krystal Gallant

Intervenor for Deafblind Persons Program

George Brown College

Toronto, Ontario





June 4, 2016 was the 34th Annual General Meeting. Look forward to seeing everyone at the 35th!



Alma Page presenting Krystal with a gift.

Ghita Gaudet presenting Kevin with a boat "to row CDBA-NB into the future."



MOTHER'S DAY BASKET WINNER

Congratulations to
Jolene Hall on
winning the amazing
\$850 value Mother's
Day Basket.

Up Coming Events

<u>June 23</u>

Deafblind Awareness Month ~~ Fun Day at Odell Park (noon to 3 pm)

July 28

Day Trip for consumers and Intervenors to Ganongs and Whale Watching in St. Andrews (get your permission slips in early, as space is limited)

September 9-11

CDBA-NB Camp

CDBA-NB Camp 2016

ATTENTION CDBA-NB CONSUMERS/FAMILIES/INTERVENORS



This year's theme is HOLLYWOOD & KARAOKE!



Start planning your wardrobe now...dress as your favorite movie star, tv star, singer, or as your fancier self. You are all stars!

There will be award presented at the CDBA-NB Oscars (details on the criteria will be available at camp) and sooooo much more.

Look forward to see you all there...but remember you must pre-register as space is limited.



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